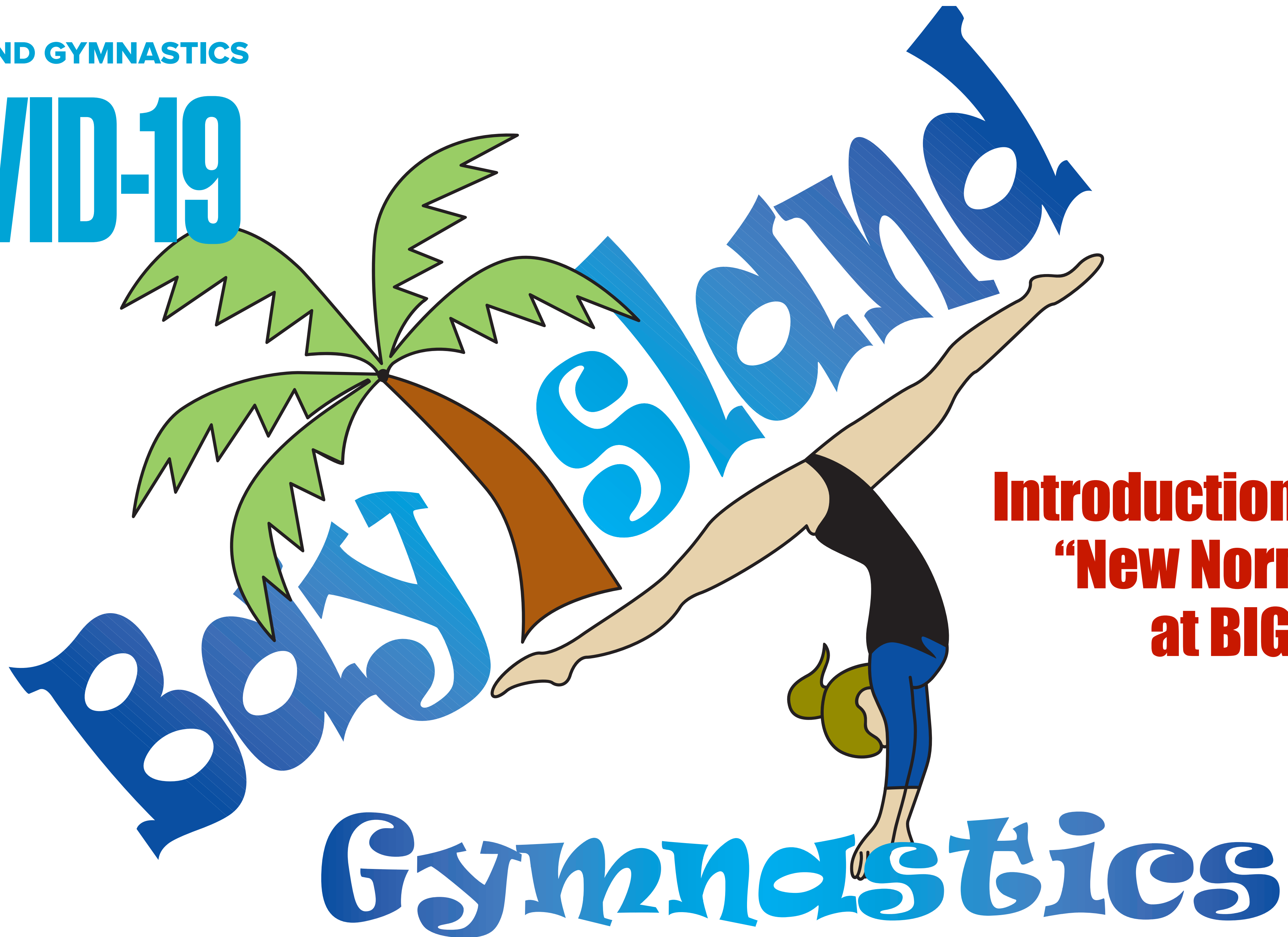


BAY ISLAND GYMNASTICS

COVID-19



**Introduction to the
“New Normal”
at BIG**

100%

COOPERATION OR NO ENTRY!



BIG is looking forward to seeing our students, families and more employees back! Our number one priority is to keep our BIG Community SAFE.

BIG has been training and introducing employees to new safety protocols and procedures on how to instruct our students with the current COVID-19 guidelines as indicated by the CDC for Youth Sports and the Alameda County Public Health Department.

BIG has adopted a new slogan at the gym “BE Smart, Stay Apart”



REQUIRED FOR ENTRY



**Wear a
Face Covering**



**Stay Home
When Sick**



**Wash Your
Hands Often**



**Please Keep
6 ft. Apart**



Pursuant to the Order of the Alameda County Health Officer

BIG FACILITY GUIDELINES



- * BIG will use products/chemicals that are effective against COVID-19 throughout the facility and offices, including UV wands where necessary.
- * BIG Staff will have a schedule to disinfect common areas and bathrooms throughout the day.
- * BIG Staff will reduce touch points, disinfect all equipment and contact surfaces in the activity area.
- * Hand Sanitizer dispensers will be located through out the facility and monitored throughout the day for refill. Staff will spray hand sanitizer on the students hands, as necessary, during their activity time.
- * Students/Staff will use their own water bottles and can refill at the water dispenser if necessary. Drinking directly from the fountain will not be permitted.
- * Facility will be well ventilated, when weather permits, utilizing our roll up doors.
- * Food will not be allowed or eaten in the facility by students/clients attending classes. The vending machine will be unavailable to make purchases.
- * Lost and found items will not be saved, they will be bagged up daily and donated to charity.
- * BIG will adhere to occupancy rules and follow all required protocols for cleaning/disinfecting established by the Alameda County Public Health Department and the CDC.

BIG ENTERING & EXITING GUIDELINES



- * Students will use specified entries and exit points. Entry through the main lobby and exit through the side roll up door.
- * Upon entering, a touch-less temperature reading and a healthy check questionnaire will be performed for all persons entering the facility.
- * Any person who appears ill or has a temperature above 99.9 degrees will be asked to go home until symptoms subside for 72 hours without medication.
- * Students, 5 years and under, may have only one masked parent/guardian with them, if needed. No siblings permitted in the facility.
- * Students are to arrive wearing a mask, in clean workout attire, changing at the facility will not be permitted.
- * BIG will be staggering start times to assist with social distancing. All precautions will be taken to keep students safe during drop off and while waiting for pick up.
- * Students will be required to sanitize/wash hands upon entering the facility and before leaving the facility.

BIG CUSTOMER GUIDELINES



- * Temperature will be checked for all students and adults entering our facility. Any person who appears ill, or has a temperature above 99.9 degrees, will be asked to go home until symptoms subside for 72 hours without medication.
- * Parents/Guardians, if needed for children under 5, will be required to wear a mask at all times.
- * Students and parent/guardian will arrive wearing masks for check-in and through out the duration of activity.
- * BIG staff will supervise participants to properly sanitize/wash hands before and after class/camps.
- * Lesson plans will be modified to omit partner activities and include stations rather than obstacle courses.
- * There will be minimal use of the foam pit, with the exception of our advanced competitive gymnasts.
- * Business transactions will not be performed at the facility. Customers can email, call or make requests through our parent portal. Only Cash/Check payments can be made at the front desk.
- * Classes will be staggered to ensure families can enter/exit the facility practicing social distancing.
- * Any customer/student endangering or jeopardizing other peoples health and not respecting social distancing will be asked to immediately leave the facility.

BIG EMPLOYEE GUIDELINES



- * Staff will follow illness policy, which will include daily temperature checks, safety health questionnaire and 72 hour wellness standards prior to entering the facility.
- * Staff will wash/sanitize hands before, during and at the conclusion of each class.
- * Staff will have limited direct physical contact with children. Spotting of recreational students will be limited to necessity and if a child is at risk of injury.
- * Staff will be diligently trained on new procedures and be prepared to enforce all COVID protocols.
- * Staff members will be required to wear a mask and wear clean athletic attire, street clothes will not be permitted.
- * BIG will adhere to the Alameda County Public Health Department's guidelines regarding employee travel, potential risky behavior and personal safety.

HEALTHY CHECK QUESTIONS FOR ENTRY



- * **Touch-less temperature reading; must read below 100 degrees. NO ENTRY for that day, if no flu-like symptoms student may return after 72-hours of normal temperature without the aid of medication.**
- * **“Have you or anyone in your household had flu-like symptoms in the past 72 hours? Including fever, cough, loss of taste/smell, sore throat, or shortness of breath.” If yes, NO ENTRY until symptoms have subsided for 7 days without the use of medication.**
- * **“Have you or anyone in your household been in contact with someone or tested positive for COVID-19 in the past 2 weeks?” If yes, NO ENTRY until self quarantine for 14 days and NO flu-like symptoms or a negative test result.**

DO YOUR PART TO REDUCE THE SPREAD OF COVID-19



- **Avoid leaving your home if you are not feeling well.**
- **Maintain a minimum six-foot distance from people outside your household.**
- **Sneeze and cough into a cloth or tissue or, if not available, into one's elbow.**
- **Wash hands often.**
- **Wear face coverings when not at home.**